

NICOLET RECREATION DEPARTMENT



JUNIOR KNIGHTS WRESTLING TEAM PHASE II

This club is for the beginner and experienced wrestlers looking to learn and improve on the fundamentals of wrestling. It will introduce & teach basic wrestling positions & moves from the up, down and neutral positions. Participants will learn wrestling with an emphasis on technique, positioning & sportsmanship in a fun, fast-paced atmosphere. Program instructed by Nicolet Wrestling Coaches. If you have questions about the program, please call Coach Tim at 414-690-0332 or email him at: tpanicucci@gmail.com
All wrestlers born 2016 and later will end March 9th to prepare the older wrestlers for the State qualifier.

Tuesdays & Thursdays, January 31- March 23

K4 - 2nd Grade: 6:00-6:45pm | 2nd-8th Grade: 7:00 - 7:45pm

Glen Hills Middle School

\$55.00R/\$65.00NR

Program#: 211210-01, 02

REGISTER ONLINE AT:

[HTTPS://WEB2.VERMONTSYSTEMS.COM/NICOLET.HTML](https://web2.vermontsystems.com/nicolet.html)

Nicolet Recreation Department | 6701 N. Jean Nicolet Rd. Glendale, WI 53217

Phone: (414) 351-7566 | Fax: (414) 351-4053

Website: <https://www.nicolet.us/page/nicolet-recreation-department>



**Find us on
facebook**



Reach out to the leader in mental health and addiction treatment

For more 115 years, Rogers Behavioral Health has been fulfilling its not-for-profit mission of changing lives with gold standard mental health and addiction care. At Rogers, patients have direct access to one of the largest teams of nationally recognized psychiatric experts who draw on decades of experience and research to help people find their path to recovery.

If you know someone struggling with mental health or addiction, reach out to the leader in effective treatment and compassionate care. Reach out to Rogers Behavioral Health.

ROGERS
Behavioral Health

rogersbh.org
800-767-4411