PARKWAY PANTHER PRESS



We would like to wish all of our Parkway families a prosperous New Year. One of our main goals this year is to work diligently to continue to implement mitigation practices and strategies to help keep both the staff and students safe. At Parkway, we have modified our end of the day dismissal process to ensure social distancing is occurring. We have also made changes to our lunch procedures. Students have transitioned from eating in the lunchroom to eating in their classrooms, allowing students to spread out while minimizing the number of close contacts. Classrooms are also equipped with air purifiers and are cleaned by our custodial staff several times a day. Each classroom is equipped with hand sanitizer and there are extra masks for students who may need a mask. Let's work together to stop the spread of Covid. - *Dr. Smith*



The CDC and our local health officials are continuing to provide schools with updated Covid information. It is important to note that information, practices and procedures are ever evolving and changing. In order to stay abreast the most current information, please continue to read the ongoing email communication from Mrs. Weiss: **District Communication**



K4 REGISTRATION is Tuesday, January 18th - Friday, January 28th. If you are interested in registering your child for our half day

K4 program for the 2022-2023 school year, online registration will be available live on our website, www.glendale.k12.wi.us starting January 18th.

If you are unable to complete registration online, we will have computers set up at Parkway on Tuesday, February 1st from 10:00am-2:00pm.



As the temperature continues to drop and we face freezing weather, our students need to wear winter clothing to ensure they are warm while they are outside. Please note, students need boots and snowpants to play in the snow, without these items students will need to remain on the black top. If your student forgets their hat, mittens etc., they can borrow a hat or extra pair of mittens from

JANUARY

the office. If your family is experiencing hardship and/or your student is in need of winter clothing, please reach out to Dr. Smith or Ms. Davis. We want to ensure that students are warm and are able to enjoy recess with their peers.



At this time, we are asking families to please refrain from sending in birthday treats as this will limit the number of times the students are unmasked throughout the day. This is another change that is being implemented to help keep our students safe.

IMPORTANT DATES!

Monday, January 17th - No School Dr. Martin Luther King Day

Friday, January 28th

Asynchronous Learning Day from Home

ASYNCHRONOUS

This is a gentle reminder that asynchronous work will be provided to students who are in quarantine because either they

tested positive or were identified as a close contact. Please reach out to your student's teacher if your student needs to quarantine, this will allow the teacher to prepare work for your student to complete at home.



STAR[™] Assessments

Parkway K5-3rd grade students will participate in winter STAR assessments. Students will participate in both reading and math assessments between January 17-28 th.







In this week's spotlight, we feature some K4 & 2nd grade classrooms. Our K4 friends are learning about the days of the week and the months of the year through fun songs and their daily calendar routine. Our K4 friends are also having a lot of fun ice painting. Our 2nd grade friends are learning about using non standard units to measure items around the room. In PE, students are enjoying the gymnastics unit.













Registration January 18-28th

K4 Registration is Tuesday, January 18th -Friday, January 28th. If you are interested in registering your child for our half day K4 program for the 2022-2023 school year, online registration will be available live on our website, www.glendale.k12.wi.us starting January 18th.

Registration will take approximately 20-25 minutes. Before you start your registration, please have the following:

- Your child's immunization records.
- Proof of residency consisting of two items:
- A deed, tax bill, or rental agreement in the parent's name
- A utility bill showing the parent as the service purchaser.
- Your child's certified birth certificate.

You may bring in a copy for us to verify your child's birthdate, or email a copy to Zena Perez, Parkway school secretary, at zena.perez@glendale.k12.wi.us. (We will not keep a copy of your child's birth certificate on file).

If you are unable to complete registration online, we will have computers set up at Parkway on Tuesday, February 1st from 10:00am-2:00pm.

We will continue to send out information to our K4 families in the coming months. Stay tuned!

WE WANT TO HEAR FROM YOU

THANK YOU IN ADVANCE FOR

YOUR PARTICIPATION!

The Glendale-River Hills School District is working to continuously improve our communication and engagement with our parents, families, staff, students, and community. As part of this effort, we would like to get your thoughts and feedback through a community-wide survey.

Your input will help us determine what is going well and where we can make improvements when it comes to our communication and community engagement efforts.

The survey is JAN completely anonymous and will be 23 open through

The survey takes about 8-10 minutes to complete.

You can take the survey online at www.GDRHSurvey.org



Breakfast Program

The district has received guidance from the Department of Public Instruction and WI Child Nutrition Program that breakfast will no longer be a free option for all students in the 2022-23 school year. In an effort to inform our planning we are asking families to provide us the information below.

Please Click HERE to Take the Survey



December 23, 2021

Addition of January 28th and February 18th Asynchronous Days:

When the 2021-22 calendar was approved last spring our covid burden rates were low and vaccinations were rolling out. We all anticipated a much more "normal" school year and the calendar was set up that way. As we all know we are now in a space where in many ways the covid situation is much more challenging than it was last year and we are clearly not back to "normal". Because of this it is imperative that staff have this additional time to collaborate and plan during a school year that has continued to challenge them to teach and support students in ways they have never been called on to do before. In order to ensure that your students are supported we have to continue to support our teachers. The two asynchronous days are a very small way to provide them some of this time.

Last year from March until June the district participated in asynchronous days on Fridays. Asynchronous learning is a general term used to describe forms of education, instruction, and learning that do not occur in the same place or at the same time. This includes various forms of online learning in which students learn from instruction—such as prerecorded video lessons or game-based learning tasks that they complete on their own and that are not being delivered in person or in real time. On asynchronous days students are expected to participate in asynchronous learning assignments and activities through the Google Classroom Learning Platform. Asynchronous work will be a continuation of independent work tied to current learning with the pace of the curriculum being delivered. It will often focus on reinforcement of concepts and skills. Teachers will provide information specific to their curriculum, place in instruction and the age of their students.

Please know that all decisions made are intended to ensure that we are doing what is best for your children. On behalf of the staff in the Glendale River Hills School District I thank you for your continued support.

Mrs. Weiss

GLENDALE RIVERHILLS SCHOOL DISTRICT

2021-22 CALENDAR

September 1	First Day of School
September 6-7	No School
September 16	No School
October 27-28	Conferences 4pm-8pm
October 29	No School - Conferences 8am-12pm
November 1	No School - PD for Staff
November 23	End of Trimester
November 24-26	No School - Thanksgiving
December 23 - January 2	No School - Winter Break
January 17	No School
January 28	No School - Asynchronous Day
February 18	No School - Asynchronous Day
February 21	No School - PD for Staff
March 4	End of Trimester
March 10	Conferences - Early Release K5-8 No School for K4 Parkway dismissal at 11:45pm Glen Hills dismissal at 12:30pm
March 11	No School - Conferences 8am-12pm
March 21 - 25	No School - Spring Break
April 15-18	No School - Late Spring Break
May 30	No School - Memorial Day
June 9	8th Grade Promotion
June 10	Last Day of School for Students End of Trimester

KEY

= No School for Teachers & Students

- **PD** = Teacher Professional Development Day No School for Students
- **C** = Conferences

H = Holiday

NT = New Teacher Workday

ER = Early Release

11:45pm Parkway • 12:30am Glen Hills

▲ = Teacher Extended Hours 4:15-5:15 pm - Parkway & Glen Hills

START = First Day of School **END** = Last Day of School End of a Trimester - Parkway & Glen Hills

Student Days = 176.5 Teacher Days = 191.5

Approved at the 1/20/21 Board Meeting - Amended 12/15/2021

	August	2021	S=() T=5.5	NT=2
	М	Т	W	Т	F
1	2	3	4	5	6
	9	10	11	12	13
	16	¹⁷ NT	18 NT	19	20
	23	24 PD	²⁵ PD	²⁶ PD	27 PD/ER
	³⁰ PD	³¹ PD			

October 2021			S=20	T=21.5
м	т	W	Т	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	²⁷ C	²⁸ C	²⁹ C

December 2021			S=16	T=16
м	т	w	т	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

February 2022			S=19	T=20
М	Т	w	т	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
²¹ PD	22	23	24	25
28				

April 2022			S=19 T=20	
м	Т	W	т	F
				1
4	5	6	7	8
11	12	13	14	15
¹⁸ PD	19	20	21	22
25	26	27	28	29

June 2022			S=7	7.5 T=8
м	т	w	Т	F
		1	2	3
6	7	8	9	¹⁰ END &ER
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

September 2021			S=19 T=20	
м	т	W	т	F
		¹ START	2	3
⁶ H	7	8	9	10
13	14	15	16	17
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November 2021			S=18	3 T=20
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¹ PD	2	3	4	5
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15	16	17	18	19
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29	30			

January 2022			S=20 T=20	
м	т	w	т	F
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10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

March 2022			S=17	T=18.5
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	1	2	3	4 💸
7	8	9	10 C/ER	11 C
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

May 20	May 2022			T=22
м	Т	W	Т	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
³⁰ H	31			

July 2022					
м	Т	W	т	F	
				1	
4	5	6	7	8	
11	12	13	14	15	
18	19	20	21	22	
25	26	27	28	29	

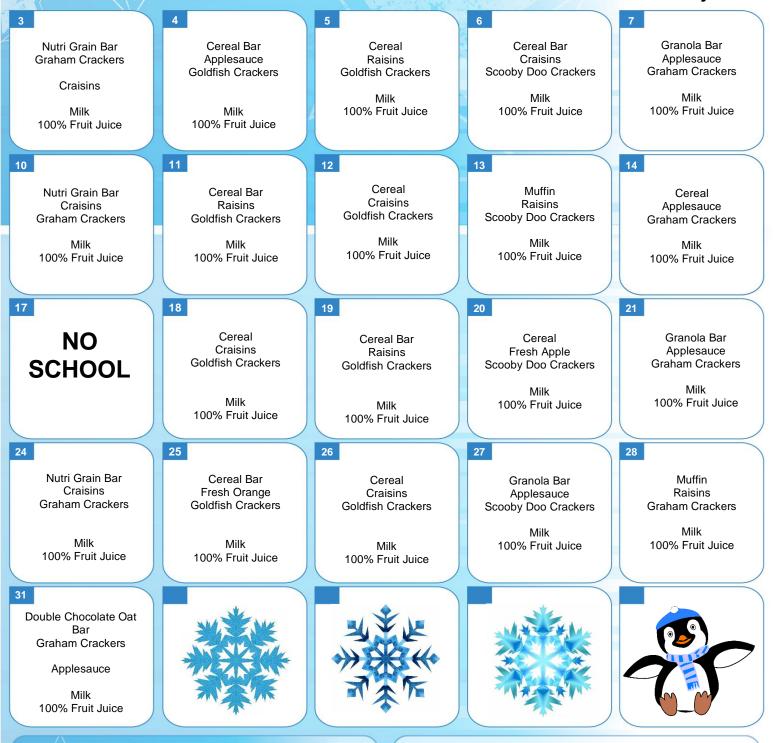


Due to the recent increase in Covid cases, the administration, in agreement with the Glendale-River Hills School Board, has canceled all extracurricular activities and interscholastic sports until January 18, 2022.



GDRH Grab & Go Breakfast

January 2022



Please note: The USDA approved the waiver extension allowing all children 18 and under to eat a complete lunch at no cost, regardless of eligibility status, through June 2022. If you have any questions, please contact Aramark at (414) 351-7160 x 2145 or Maritato-meagan@aramark.com

Menu is subject to change.





Parkway Lunch Menu January 2022

	1995 ST			
3 Chicken Tenders w/ Whole Grain Cookies Hamburger Muffin, Cheese, & Yogurt Pack Mashed Potatoes 100% Fruit Juice Sliced Carrots Pears	4 Soft Beef Tacos Cheesy Pull Aparts w/ Salsa Turkey & Cheese Sub Broccoli Peas Peaches Berry Cup	5 Chicken Drumstick BBQ Pork Rib Sub Sun Butter & jelly Sandwich Baked Beans Corn Strawberries Applesauce	6 Pancakes w/ Egg Omelet Turkey & Cheese Melt Ham & Cheese Sub Orange Juice Sliced Carrots Green beans Pears	7 Cheeseburger Fish Sticks w/ Tartar Sauce & Whole Grain Crackers Pretzels, Cheese, & Yogurt Pack 100% Fruit Juice Peaches Green Peas Sliced Carrots
10 Mini Corn Dogs Grilled Cheese Muffin, Cheese, & Yogurt Pack Corn Sliced Carrots Peaches 100% Fruit Juice	11 Chicken Fajita Cheeseburger Sun Butter & Jelly Sandwich Broccoli Garbanzo Beans Pears Berry Cup	12 Spicy Chicken Patty Hamburger Turkey & Cheese Sandwich Red Pepper Strips Green Beans Peaches Apple Slices	13 French Toast Sticks w/ Syrup & Egg Omelet Chicken Patty Peach Yogurt Parfait w/ Granola & Graham Crackers Fresh Cucumbers Sliced Carrots Applesauce, Fresh Banada	
17 NO SCHOOL	18 Soft Beef Tacos Cheesy Pull Aparts w/ Salsa Sun Butter & Jelly Sandwich Sliced Tomatoes Kickin' Pinto Beans Pears Berry Cup	19 Fish Sticks w/ Tartar Sau & Whole Grain Crackers Hamburger Chicken Ranch Wrap Green Peas Romaine Salad w/ Ranch Peaches Fresh Orange	20 Pancakes w/ Sausage Patties Turkey & Cheese Melt Taco Salad w/ Dinner Roll Orange Juice Tater Tots Broccoli Berry Cup	21 Cheese Pizza Cheeseburger Muffin, Cheese, & Yogurt Pack Peaches 100% Fruit Juice Sliced Carrots Baked Beans
24 Chicken Nuggets w/ Dinner Roll Hamburger Muffin, Cheese, & Yogurt Pack Mashed Potatoes Sliced Carrots 100% Fruit Juice Pears	25 Beef Nachos Turkey Hot Dog Peach Yogurt Parfait w/ Granola & Graham Crackers Broccoli Corn Peaches Berry Cup	26 BBQ Pork Rib Sub Popcorn Chicken w/ Dinner Roll Turkey & Cheese Sub Baked Beans Celery Sticks Strawberries Applesauce	27 Waffles w/ Sausage Patties Mini Corn Dogs Popcorn Chicken Salad w/ Dinner Roll Orange Juice Smile Potatoes Green Beans Pears	28 FROZEN FRIDAY Fish Patty Melt Grilled Chicken Sandwich Pretzel, Cheese, & Yogurt Pack 100% Fruit Juice Slushie Peaches Sliced Carrots Green Peas
31 Pizza Sticks w/ Marinara Meatball Sub Muffin, Cheese, & Yogurt Pack Celery Sticks Sliced Carrots 100% Fruit Juice Peaches				
ALL children under 18 to	approved the waiver extens o eat a complete lunch at no status, through June 2022.	ion allowing nights, w cost, Contact A	for a part-time position? eekends, or holidays! ramark at 414.351.7160 x 2 aramark.com	

Menu is based on product availability and is subject to change.

This institution is an equal opportunity provider.





Everybody can be great, because everybody can serve... You only need a heart full of grace. A soul generated by love.

- Dr. Martin Luther King, Jr.

Celebrate MLK National Day of Service with KIDS IMPACT COMMUNITY

January 17: MLK DAY

MLK Virtual National Day of Service 9:30-10:30 a.m.

A virtual all-ages celebration of MLK Day, including an engaging story time with a speical guest speaker, music and movement breaks, and an on-the-spot service project.

Pack a Fostering Hope Duffel Bag for Kids in Foster Care 4-5 p.m.

A kid-led celebration of MLK Day through a virtual event and corresponding service project for ages K5-Tween to benefit Kids Matter, Inc.



REGISTER: www.kicmke.org/mlk

View more local MLK Day events: www.mlknsmke.com

Throughout January

Social Justice Story Time: Racial Justice & Taking Action January 19, 4:15-5:15 p.m.

Through stories Rona Wolfe, a kindergarten teacher, will lead kid-friendly discussions about race and racial justice and address how kids can take big actions in small ways.

Teens Teach Art

January 27, 6:30-7:30 p.m.

A teen artist from Allies for Teens in Foster Care will teach an art class reflecting on courage and bravery to a small group of kids in-person at Cloud9 Workshop.

Lunch Pack and Love January 30 in-person or drop-off

Engage your children as change-making citizens by packing lunches for Milwaukee residents struggling with food insecurity.





o breat

The children had a great first trimester in **ALLIED ARTS** classes! It has been so fun to create, move, learn and grow together in **MUSIC**, **P.E.**, **ART**, **SEL**, and **LIBRARY** classes.

CHECK OUT WHAT We'VE BEEN LEARNING...

ART Mrs. McGuire

Trimester 1 was full of fun & creativity in the Art room! All of our artists made art using a variety of art materials... paper, pastels, paint, clay, yarn, and much more! We all made art related to School/Fall, Hispanic Heritage, Pumpkins, Native American Heritage, Parkway Pride, and Winter. Additionally, all artists got time to foster their own creativity during "Art Studio" time:)

Not only did we make our own art, we also learned and talked about famous artworks (Van Gogh, Hokusai, DaVinci, and more) using the Artful thinking Routine... we talked about what we "See...Wonder...Connect to". We also learned about the Elements of Art... Line & Texture, and Shape & Form (Color & Value, and Space coming soon:)







ALL KIDDOS HELPED TO CREATE THE AMAZING BOARD PROJECTS SEEN ALL AROUND PARKWAY SCHOOL! THESE BOARDS HELP TO MAKE PARKWAY EVEN MORE BEAUTIFUL... AND SEND POSITIVE MESSAGES FOR ALL THAT WALK OUR HALLS:)



"Your voice is special just like you!"

K4

It has been so fun getting to know our new K4 students in music class! We meet once a week for 30 minutes. In K4 music **N** class, we begin the foundations of our musical learning working to become "beatful, tuneful, and artful" in a fun, playful way. We began our year singing and meeting Brown Bear and his forest friends, learning about our special voices and exploring the different ways our voices can make music including piano and FORTE!! The children also learned that not only can we make music with our voices but also with instruments. They loved playing tambourines and maracas to make the sound of crunching forest leaves as they tiptoed (piano) and marched (FORTE!) through pretend leaves. They also met their first composer -Vivaldil They listened and moved to "Autumn" from The Four Seasons. Throughout the year, the children will hear all Four Seasons

MUSIC Mrs. Scharnick

K5

Whispering, talking, calling, singing...K5 began the year exploring, performing, and creating with the different sounds their voices make. We went down to Old MacDonald's musical farm. They continued to work on singing with a healthy, light sound and matching pitch. They met the Percussion Family! The children loved being a part of "Old MacDonald's Band," playing many of the percussion instruments in the music room.

I scream, you scream, We all scream for ice cream





began the year singing, moving, and creating down the track, feeling the beat/pulse at different tempos. We listened, responded, and made connections to Gershwin's *Rhapsody in Blue* and began learning about the Woodwind Family. We finished our first trimester singing fun songs about Autumn and were introduced to quarter notes, quarter rests, and musical road signs, including bar lines, double bar line, and measures.

1ST

All aboard!

1st graders

3RD

2nd graders have had fun on our "Musical Playground." learning and playing fun singing games. We reviewed reading and performing quarter notes, quarter rests, and two-eighth notes on classroom instruments, As well as musical road signs including time signature, bar lines, measures, and double bar lines. We ended our first trimester listening, responding, and connecting to different types of Latin music and instruments

2**n**D



Songs from different parts of the country. With these songs, we reviewed half notes, half rests, quarter notes, quarter rests, and two-eighth notes and worked to be able to identify, read, and perform them on instruments. Along the way we met a new harmony called an ostinato (a repeated pattern performed to accompany a song). The students sang, played, and even created an ostinato. We ended the first trimester finishing our musical road trip with one more stop...across the globe! Using ostinatos, they performed in a drum circle. The students loved learning about, listening to, and playing instruments used in West African music.

PHYSICAL EDUCATION

Ms. Lingard & Mr. Trusky



We are off **rolling** to a great start in our Roller Skating units in 1st, 2nd, and 3rd grade! Thanks for all your support with sending in helmets and/or protective gear!!

K4 and K5 have been working on locomotor movements such as jumping, hopping, skipping, galloping, etc. We have been improving our spatial awareness through chasing and fleeing games. We also worked on kicking, throwing, rolling, tossing and catching skills. Jump Roping and fun fitness challenges such as climbing a cargo net, swinging on a rope swing, riding roller racers, scooters, and hippity hops as well as jumping through a ladder and leaping hurdles was also a lot of fun!!

1st, 2nd, and 3rd graders have been working on soccer skills and Basketball skills. We have been improving our spatial awareness, dodging skills, game strategies through chasing and fleeing games. We also worked on kicking, throwing, rolling, tossing and catching skills through game play.. Jump Roping and fun fitness challenges such as climbing a cargo net, swinging on a rope swing, riding roller racers, scooters, and hippity hops as well as jumping through a ladder and leaping hurdles was also a lot of fun!

Reminder! Please have your child wear tennis shoes and socks on their PE days



During the 1st trimester of Social Emotional Learning students have been learning about the Zones of Regulation. The Zones is a systematic, cognitive-behavioral approach used to teach us how to regulate our feelings, energy and sensory needs in order to meet the demands of the situation around us and be successful socially. Parkway students have learned how to identify each of the 4 Zones and the feelings that match that Zone. To learn more about the Zones of Regulation click on the link https://zonesofregulation.com/index.html

During the month of October, Parkway students participated in a Bullying unit. Students learned how to recognize bullying, report bullying, refuse bullying and the importance of bystander power.

During the months of November and December students are learning about Growth Mindset and Goal Setting. We are beginning to understand how our brains work and that it is ok to make mistakes. We are also learning how important it is to practice things to get better at them!



LIBRARY

Mrs. Gallitz & Mr. Neeley



During the first trimester in Library Media, we focused on building our library community with books about library procedures, book care, and social emotional/feelings. We also learned about our responsibilities as a good digital citizen.

- Key topics for K5 & 1st: Media Balance & Well-being and Privacy
- Key topics for 2nd & 3rd: Digital Footprint & Identify and Putting a STOP to online Meanness

Whether we are online or offline, we have responsibilities to keep ourselves safe and healthy and we have responsibilities to our community and our world too! Knowing that media and tech has a huge influence on our kids' lives, one of Common Sense Media's goals is to empower families with the information they need to advocate for their children. Check out their website for reviews of movies & TV, books and apps & games. <u>https://www.commonsensemedia.org</u>.

As we enter trimester two, students have been enjoying our coding unit in Library Media, which kicked off with the Parkway Hour of Code! Visit the Parkway Library CODING page for lots of fun, interactive coding activities. <u>www.pwlib.weebly.com/coding</u>.

HOUR OF CODE Our Computer Science unit kicks off with the





Panthers

3rd graders are creating fun, imaginative projects with Hello World: Animal Sprite Lab. Students are learning to create and animate sprites and make them interactive with events.



An event tells your program to listen for something to happen, and then react right away. An example of an event is listening for a mouse click, an arrow button press or a tap on the screen.

Grade 2

Pendawary Filmerry



2nd graders are creating with the Scratch Jr. app. Students are using graphical programming blocks to make their characters move, jump, dance and sing.

HOUR OF CODE





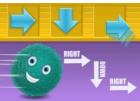


1st graders are coding with the codeSpark app. Students are learning to think like a computer scientist. The students are breaking down problems, thinking in logical sequences, and using precise language to give the computer instructions to move their Foo through the puzzle.





K5 students are learning to code with the Kodable app. Students learn to think like a programmer, and use coding basics to move their Fuzz through the mazes. K5 students are building their problem-solving skills and are learning to collaborate with others to solve difficult puzzles.





Talk like a Computer Scientist:

- <u>Computer Science</u>: Using the power of computers to solve problems and express ourselves.
- <u>Programming</u>: To give a computer or machine instructions.
- <u>Sequence</u>: The order that commands are performed by a computer.
- <u>Loop</u>: Repeat a sequence of instructions.
- <u>Debug</u>: Find and fix errors (bugs) in programs.



UNPLUGGED ACTIVITIES (no computer needed)

Too much screen time? No problem!

There are lots of great unplugged activities to do that help students learn about coding and computer science.



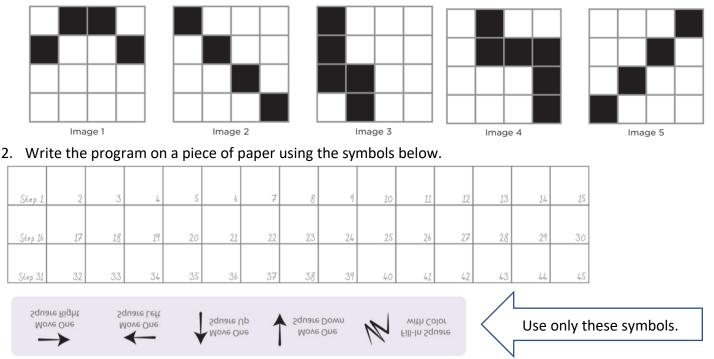
Directions:

- 1. Select a programmer. The programmer will tap or point to a shape (the EVENT). When he/she taps the shape, the dancers do that dance.
- 2. Each time the programmer points to a new shape, the dancers change to that dance move.
- 3. Start the music and have a dance party!

Graph Paper Programming

Directions:

1. Choose one of the drawings below to program with a friend. Don't let them see which one you choose!



3. Have your friend try to recreate your picture, just using the symbols you provided.

GLENDALE-RIVER HILLS SCHOOL DISTRICT EMERGENCY FUND

EMERGENCY RELIEF FUND

Are you facing financial hardship? Are you and your family going through a difficult time financially due to Covid-19 or any other reason?

FUND LAUNCHES FRIDAY DECEMBER 17TH, 2021 | FOR CONSIDERATION PLEASE CLICK <u>HERE</u> TO FILL OUT THE GOOGLE FORM





Toolkit url: Compassionresiliencetoolkit.org For ongoing support: WISE@wisewisconsin.org

Advancing Adult Compassion Resilience

Emily Jonesberg, MSW, LCSW (she/her/hers) emily.jonesberg@rogersbh.org

Developed in partnership with



Compassion Resilience Interest Survey

Go to https://www.glendale.k12.wi.us The news story on the home page has a link to the recorded meeting and a survey. AURORA HEALTH + GLENDALE-RIVER HILLS SCHOOL DISTRICT PARTNERSHIP

STUDENT AND FAMILY ASSISTANCE PROGRAM (SFAP)

CALL 800-236-3231 OR VISIT AAH.ORG/EAP

Aurora counselors can assist with:

- worry/anxiety and depression
- parenting support and coaching
- family and other relationship issues
- alcohol and drug use/abuse
- financial and legal concerns
 other family issues

IF YOU HAVE ANY QUESTIONS ABOUT THIS PARTNERSHIP REACH OUT TO DENISE DAVIS, SCHOOL SOCIAL WORKER

> DENISE.DAVIS@GLENDALE.K12.WI.US (414) 380-9251



Helping you nurture a healthy family.

800-236-3231 aah.org/eap

Brought to you through a partnership between your school and Advocate Aurora Health.

Legally, services must be scheduled by an adult member of the family. Any child served through the program must be seen with a parent or legal guardian.

AdvocateAuroraHealth



Student and Family Assistance Program (SFAP)

A free and confidential resource

We can make a difference for students and families.



A healthy home and family life can nurture academic excellence.

To promote healthy homes, minds and families, your school is proud to offer the Student and Family Assistance Program (SFAP). Sponsored by the Employee Assistance Program (EAP) of Advocate Aurora Health (AAH), our counselors have been serving families for more than 25 years.



How it works

The SFAP is available at **no charge** to all students and family members residing within the household. Help begins when a family member or legally responsible adult calls the program.

Based on your needs, our specialists will:

- Connect you by phone with a professional counselor who will consult with you.
- Schedule a confidential appointment with a program counselor for you or your family. Many times, a family's concerns can be resolved within program sessions, saving time and money.
- Assist with an insurance- or community-based referral if your situation requires diagnostic or ongoing treatment.

All services are **confidential.** No information about you or your family situation will be shared with school personnel without your permission in accordance with state and federal law.

When to use the program

This varies from person to person. Generally, it's wise to seek help when a problem:

- Interferes with normal activities
- Occupies too much of your time
- Persists for more than several weeks

Typical concerns may include:

- Parenting support and coaching
- Academic pressures
- Alcohol/drug issues
- Anxiety and depression
- Child/family issues
- Divorce/blended families
- Marital/relationship issues
- Stress management

Additional services

Seeking a healthy balance

The following services are available to help families quickly and conveniently address other issues that may impact their lives:

- Legal consultation and mediation
- Financial consultation
- Child care resources
- Elder care resources
- Adoption information



Our promise to you and your family

Your privacy is protected in accordance with both federal and state laws regarding mental health and medical treatment records. The professionals within the SFAP make every effort to protect your privacy and ensure that your participation in the program is completely confidential.

How to reach us

Call **800-236-3231** and identify yourself as eligible for SFAP services through your school.

To learn more about these services or to schedule an appointment, please call **800-236-3231.**



Join the fun in 2022!







Glendale Little League



Boys & Girls of All Skill Levels, Ages 4 – 14

Tee Ball / Machine Pitch / Baseball









Registration Begins Dec. 5, 2021

www.GlendaleLittleLeague.com

Great Gift Idea!





at Indian Hill Grades 5k-2nd

We're celebrating the New Year in style – Young Rembrandts Winter lessons are kicking off with African Masks, emojis, a winter rabbit, and more all-new drawings. Artists will be learning core art skills while boosting self-confidence and social development. We can't wait to draw with you!





Classes

Thursdays 3:35 - 4:35 p.m. 1/6 - 2/10

\$

Tuition \$79.00

(6-Week Session)

Enrollment

ENROLL ONLINE at the Nicolet Rec. Department <u>https://web2.vermontsystems.com/</u> <u>nicolet.html</u>



Young Rembrandts W160 N8258 Pine Tree Ct. Menomonee Falls, WI 53051 Phone: 262-409-1846 Don Eisenhauer

Young Rembrandts







College of Professional Sciences

Phonics Fluency Comprehension Love of Reading Vocabulary Textbook Skills Reading Speed Writing Skills

Program for 4-Year-Olds and Entering Kindergartners

In this fun summer program, your child will learn to read. Children learn letter recognition, beginning phonics, and easy sight words. Your child will learn to read simple words and short sentences and will get excited about books and reading.

Program for Entering 1st Graders

In this fun summer program, your child will learn to read independently. Children learn phonics and sight words and build comprehension skills. Your child will develop a love of books and reading and get off to a great start in first grade.

Program for Entering 2nd Graders

In this fun summer program, your child will become a confident fluent reader. Children build solid phonics and word-attack skills and develop reading fluency and strong comprehension. Your child will develop a love of books and reading and get off to a great start in second grade.

Program for Entering 3rd Graders

In this fun summer program, your child will become a strong, enthusiastic reader. Children improve reading fluency and develop excellent comprehension. They build long-word decoding skills and expand their vocabulary. Your child will gain confidence, develop a lifelong love of books and reading, and get off to a great start in third grade.

Programs for Entering 4th and 5th Graders

In these fun and effective programs, your child will become a skilled, enthusiastic reader and a better writer. Students develop strong comprehension skills in fiction, nonfiction, and textbooks. They expand their vocabulary and learn to read more fluently and rapidly.

Students learn effective techniques that improve writing skills and build confidence. Your child will complete homework and writing assignments more quickly and easily, get better grades, and enjoy reading more.

Programs for Entering 6th, 7th, 8th, 9th, 10th, and 11th Graders

In these effective and enjoyable programs, your son or daughter will make substantial gains in comprehension in fiction and nonfiction, learn to read twice as fast, and become a better writer. Students expand their vocabulary and learn the best way to take notes and study for tests.

Students learn effective techniques that improve writing skills and build confidence. Your child will complete homework and writing assignments more quickly and easily, get better grades, and enjoy reading more.

FOR MORE INFORMATION OR TO REGISTER

The great books, inspiring teachers, and truly effective live online instruction your child needs to become a strong reader!

These programs are in partnership with Xavier University, a non-profit organization. Programs are taught by instructors from the Institute of Reading Development. Tuition varies by program level. Please ask about our family discount.

"My daughter is sounding out words on her own, and she is so excited about reading to us! She loved this program, and I was very impressed with the books and materials."

– Parent of kindergartner

"Thanks to this program, my son is now reading independently and his confidence is through the roof. I cannot express enough how grateful I am for this program."

– Parent of 1st grader

"Online teaching is a special set of skills, and your teachers are spot on!"

- Parent of 2nd grader

"Allison loved doing the long-word decoding lessons. Her reading skills have improved tremendously, and she is reading more challenging chapter books."

- Parent of 3rd grader

"The teacher was phenomenal! She kept students engaged and participating, and my child was more excited about reading as the weeks went on." – Parent of 4th grader

"Patrick's comprehension has really improved, and he loved the books. I've recommended this to other parents."

- Parent of 5th grader

"The lessons were fun and easy to follow. It is much easier for me to study and take notes now. I don't put off studying until the last day because I know I can get through it fast."

- 7th-grade student

"I liked tracking my reading speed and seeing it go up from week to week. I used to not like to read because it was too time-consuming, but now it's easier to finish."

- 9th-grade student

Weekend and weekday schedules available!



FOR MORE INFORMATION OR TO REGISTER Call 1-800-715-2808

INQUIRE EARLY! CLASS SIZE IS LIMITED.

KNIGHTS SWIM TEAM

WHITE TEAM (6-8 YEARS OLD)

This program is aimed at children who can swim and are interested in developing a stronger set of swimming skills. The program introduces children to competitive swimming and small meets are included. Children must be able to swim 2 x 25 yards (two lengths of the pool - one freestyle and one backstroke).

Participants are encouraged to attend both practices each week. The Schroeder Swim Team staff directs the program.

Day: Time: Location: Age: Fee: Min/Max: Instructor:	Mondays & Wednesdays 6:00 - 7:00pm Nicolet High School - Pool 6 - 8 years old \$125.00R/\$145.00NR 4/10 Schroeder Coaching Staff	<u>Session:</u> I II	Date: January 10 - March 9 (skip 1/17) April 4 - May 25	Program#: 211040-01 211040-02
Instructor:	Schroeder Coaching Staff			

LIGHT BLUE TEAM (9-12 YEARS OLD)

This program is aimed at children who can swim and are interested in developing a stronger set of competitive swimming skills. This is a competitive swimming program and athletes race in the Schroeder Conference meets and against other area recreation department teams. Children must be able to swim 50 yards (50 yd freestyle and 50 yd backstroke).

Participants are encouraged to attend three practices each week. The Schroeder Swim Team staff directs the program.

Day:	Mondays, Wednesdays, Thursdays	Session:	Date:	Program#:
Time:	6:30 - 7:30pm	1	January 10 - March 10 (skip 1/13, 1/17)	211041-01
Location:	Nicolet High School - Pool	II.	April 4 - May 26	211041-02
Age:	9 - 12 years old			
Fee:	\$175.00R/\$195.00NR			
Min/Max:	4/20			
Instructor:	Schroeder Coaching Staff			

DARK BLUE TEAM

This program is designed to get young swimmers ready for high school swim team participation or to extend a successful high school experience. Athletes should be strong swimmers. The Schroeder Swim Team staff and directs the program. Participants are encouraged to attend three practices each week. The Schroeder Swim Team staff directs the program.

Day/Time:	Mondays, Wednesdays, Thursdays	Session:	Date:	Program#:
Time:	6:30 - 7:45pm	I	January 10 - March 10 (skip 1/13, 1/17)	211042-01
Location:	Nicolet High School - Pool	II	April 4 - May 26	211042-02
Grade:	7th & 8th grade			
Fee:	\$195.00R/\$225.00NR			
Min/Max:	4/20			
Instructor:	Schroeder Coaching Staff			

PARTICIPANTS ARE WELCOME TO JOIN AT ANYTIME. PRACTICE SCHEDULE SUBJECT TO CHANGE.

register online at: https://web2.vermontsystems.com/nicolet.html



Nicolet Recreation Department 6701 N. Jean Nicolet Rd. Glendale. WI 53217

Phone: (414) 351-7566 Fax: (414) 351-4053



Website: https://www.nicolet.us/activities/recreation.cfm

colet Recreation

NICOLET RECREATION DEPARTMENT



JUNIOR KNIGHTS WRESTLING TEAM Phase I

This club is for the beginner and experienced wrestlers looking to learn and improve on the fundamentals of wrestling. It will introduce & teach basic wrestling positions & moves from the up, down and neutral positions. Participants will learn wrestling with an emphasis on technique, positioning & sportsmanship in a fun, fast-paced atmosphere. Program instructed by Nicolet Wrestling Coaches. If you have questions about the program, please call Coach Tim at 414-690-0332 or email him at: tpanicucci@gmail.com

Tuesdays & Thursdays, November 30 - January 20 (skip 12/23, 12/28 & 12/30) K4 - 2nd grade 6:00 - 6:45pm | 2nd - 8th grade 7:00 - 7:45pm Glen Hills Middle School \$55.00R/\$65.00NR | Program#: 111210-01, 02

REGISTER ONLINE AT: HTTPS://WEB2.VERMONTSYSTEMS.COM/NICOLET.HTML

Nicolet Recreation Department | 6701 N. Jean Nicolet Rd. Glendale, WI 53217 Phone: (414) 351-7566 | Fax: (414) 351-4053 Website: https://www.nicolet.us/activities/recreation.cfm



Swing into SPANSH with an ALL NEW

Spanish

Adventure!

Students learn best when the topic is interesting or applicable to their everyday lives!

Let's Play & Let's Go Camping... jEN ESPANOL

Theme-Based Learning is Developmentally Beneficial

) Practical, Real-World Spanish Conversation Skills

Increase Your Child's Cultural Sensitivity

Weekly Parent Newsletters & Optional Homework



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REGISTER ONLINE: https://web2.vermontsystems.com/nicolet.html

Full Year tuition: \$240R/\$270NR Fall Semester only tuition: \$145R/\$165NR

> Register for the full year and save on tuition!

Indian Hill Elementary (K4-2nd Grade) Day/Time: Tuesdays, 3:35pm – 4:35pm Fall Dates: 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23, 11/30 Spring Dates: 2/8, 2/15, 2/22, 3/1, 3/8, 3/15,

(skip 3/22), 3/29, 4/5 Program#: Fall (110221-01) - Optional Full Year (110221-02)

 Parkway Elementary
 (K4-3rd Grade)

 Day/Time: Mondays, 2:40pm – 3:40pm

 Fall Dates: 10/11, 10/18, 10/25, (skip11/1), 11/8, 11/15, 11/22, 11/29, 12/6

 Spring Dates: 2/7, 2/14, (skip 2/21), 2/28, 3/7, 3/14, (skip 3/21), 3/28, 4/4, 4/11

 Program#: Fall (110220-01) - Optional Full Year (110220-02)

► Appropriate for students with or without previous Spanish experience.

► Space is limited! - <u>Deadline to register</u>: One week prior to first class.

► <u>Parent Portal</u>: Newsletters and Optional Homework available online for immediate access (included with tuition). Password will be email with class confirmation about 24-48hrs before 1st class.

► Tuition is non-refundable. No refunds/credits will be given on or after the first day of class. Questions contact us at 262-719-9332.

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